

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER

FEBRUARY 2017

Lunch menus include 8oz 1% Milk & 4oz Juice

Menus shown for Friday & Saturday are for Meals-On-Wheels Clients

NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY *Menu is subject to change on February 9th*

Week 4 Monday 01/30	Tuesday 01/31	Wednesday 02/01	Thursday 02/02	Friday 02/03 MOW ONLY	Saturday 02/04 MOW ONLY
Cheeseburger on Bun BBQ Baked Beans Steamed Buttered Broccoli Fresh Orange Milk/Juice	Baked Chicken Breast w/ Gravy Herb Stuffing Glazed Carrots Ambrosia Salad W.W. Bread w/ Marg. Milk/Juice	Hot Roast Beef & Gravy Mashed Potatoes Green Beans Melon Cup W.W. Roll w/ Marg. Milk/Juice	Low Salt Ham Steak Baked Macaroni & Cheese Calif. Blend Vegetables Diced Peaches W.W. Bread w/ Marg. Milk/Juice	Baked Breaded Sole Fish Au Gratin Potatoes Stewed Tomatoes Banana Cornbread w/ Marg. Milk/Juice	Minestrone Soup Cheese & Spinach Quiche Diced Peaches W.W. Crackers (6) Milk/Juice
Week 1 Monday 02/06	Tuesday 02/07	Wednesday 02/08	Thursday 02/09	Friday 02/10 MOW ONLY	Saturday 02/11 MOW ONLY
DJ Chuckie Meat Loaf Creamy Mashed Potatoes Mixed Vegetables Mandarin Oranges W.W. Bread w/ Marg. Milk/Juice	Chicken Pot Pie Topped w/ Biscuit Buttered Brussels Sprouts Applesauce Milk/Juice	Tuna Salad Sandwich on W.W. Bread Peas & Carrots Oven Fries Pineapples Milk/Juice	Valentine's Day Luncheon Baked Pork Chop Yellow Squash Casserole Rice Pilaf Fruit Jello W.W. Bread w/ Marg. Milk/Juice M.O.W MENU ONLY	Vegetable & Bean Soup Chicken Salad Sandwich on W.W. Bread Diced Pears Milk/Juice	BBQ Beef on Bun Scalloped Potatoes Green Beans Diced Peaches Milk/Juice
Week 2 Monday 02/13	Tuesday 02/14	Wednesday 02/15	Thursday 02/16	Friday 02/17 MOW ONLY	Saturday 02/18 MOW ONLY
Baked Lemon Salmon Mini Baked Potatoes Steamed Cauliflower Apricots W.W. Bread w/ Marg. Milk/Juice	Carpe Diem: GERDAN Veal Cutlet w/ Brown Gravy Mashed Potatoes Mixed Vegetables Applesauce W.W. Bread w/ Marg. Milk/Juice	Oven Fried Chicken Red Beans & Rice Steamed Buttered Broccoli Peaches W.W. Bread w/ Marg. Milk/Juice	Turkey Stew-Potatoes, Peas Carrots Collard Greens Baked Pineapple Blueberry Muffin Milk/Juice	Sloppy Joe on Bun Baked French Fries Spinach Applesauce Milk/Juice	Chicken Tetrassini & Spaghetti Sugar Snap Peas Fruit Cocktail Garlic Toast Milk/Juice
Week 3 Monday 02/20 MOW ONLY	Tuesday 02/21	Wednesday 02/22	Thursday 02/23	Friday 02/24 MOW ONLY	Saturday 02/25 MOW ONLY
Spaghetti & Meatballs (3) w/ Pasta Sauce Green Beans Tropical Fruit Garlic Bread **CENTER IS CLOSED**	Lunch w/ Laurie Toms Golden Baked Chicken Pattie on Bun Baked Beans Vegetable Medley Diced Pears Milk/Juice	Baked Rockfish Roasted Red Potatoes Buttered Seasoned Peas Peach Crisp W.W. Bread w/ Marg. Milk/Juice	Beef Stew w/ Beef, Potatoes And Carrots Country Kale Fresh Banana Buttermilk Biscuit w/ Marg. Milk/Juice	Green Salad topped w. Grilled Chicken, Cheese & Egg Macaroni Salad Fruit Salad Bread Sticks Milk/Juice	Tomato Basil Soup Turkey & Swiss Cheese Sandwich on W.W. Bread Cole Slaw Raisin Box Milk/Juice

Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.

Week 4 Monday 02/27	Tuesday 02/28	Wednesday 03/01	Thursday 03/02	Friday 03/03 MOW ONLY	Saturday 03/04 MOW ONLY
Cheeseburger on Bun BBQ Baked Beans Steamed Buttered Broccoli Fresh Orange Milk/Juice	Shelley Abbott Baked Chicken Breast w/ Gravy Herb Stuffing Glazed Carrots Ambrosia Salad W.W. Bread w/ Marg. Milk/Juice	Hot Roast Beef & Gravy Mashed Potatoes Green Beans Melon Cup W.W. Roll w/ Marg. Milk/Juice	Low Salt Ham Steak Baked Macaroni & Cheese Calif. Blend Vegetables Diced Peaches W.W. Bread w/ Marg. Milk/Juice	Baked Breaded Sole Fish Au Gratin Potatoes Stewed Tomatoes Banana Cornbread w/ Marg. Milk/Juice	Minestrone Soup Cheese & Spinach Quiche Diced Peaches W.W. Crackers (6) Milk/Juice